



English Talkies

Daily Routine Vocabulary

Language: English | Level: A1

Learn to describe your daily activities in English. Master basic routine vocabulary and time expressions.

■ Essential Vocabulary

Word	Definition	Example
wake up	to stop sleeping	I wake up at 7 AM every day
get up	to rise from bed	She gets up early on weekdays
brush teeth	to clean your teeth	I brush my teeth twice a day
take shower	to wash your body	He takes a shower in the morning
get dressed	to put on clothes	I get dressed after breakfast
have breakfast	to eat morning meal	We have breakfast at 8 o'clock
go to work	to travel to job	Dad goes to work by car
have lunch	to eat midday meal	I have lunch at noon
come home	to return to house	We come home at 6 PM
have dinner	to eat evening meal	They have dinner together
watch TV	to look at television	I watch TV after dinner
go to bed	to sleep at night	Children go to bed early
morning	early part of day	I exercise in the morning
afternoon	middle part of day	We meet in the afternoon
evening	late part of day	I read in the evening

■ Key Phrases

What time do you wake up? → What time do you wake up? | **I usually have breakfast** → I usually have breakfast | **in the morning** → in the morning | **go to work** → go to work | **come home** → come home | **What do you do in the evening?** → What do you do in the evening?

■ Grammar Rules

1. Present Simple for Routines: Use present simple tense to describe daily habits and routines. Add 's' or 'es' with he/she/it.
2. Time Prepositions: Use 'in' with parts of day, 'at' with specific times. 'At night' is an exception.
3. Frequency Adverbs: Words like usually, always, never go before the main verb. They show how often something happens.
4. Routine Verb Phrases: Many daily activities use specific verb combinations. Learn these as complete phrases, not separate words.
5. Question Formation: Use 'do/does' for present simple questions. 'Does' with he/she/it, 'do' with I/you/we/they.
6. Daily Time Expressions: Learn common time expressions for daily routines. Use them to make your speaking more natural and fluent.

■ Study Tips

1. Practice describing your own routine daily | 2. Use time expressions in sentences | 3. Record yourself speaking about your day